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My dearest Nell

Thank you so much for your good & kind letter. This I should have answered much sooner. But the truth is I haven't had any energy for anything for much too long. The only positive progress I can report is that I've changed to another Doctor - a younger and fresher approach who is also a cardiologist. [Only just switched, and he hasn't had time yet to review all the history.]

But at least I'm off that Terrible diet and we

are tackling the real problem,
which is hypertension. Dr.
Newberg (new man) guarantees
he can lower the blood pressure
and reduce an enlargement
of the heart, brought on I'm
sure by events past.

It must give you some
notion of my state of mind
if all I can talk about is
myself in respect to health
and a dismal lost 8 months.

Wed. I'm off to London,
Aix-les-Bains → Frankfurt,
and finally Bern. The trip
will be all work & no play
except for a night or
so chez Michelis where I
hope to see every body. I'll
surely give the ladies your
love.

Meanwhile
Our love to you
B